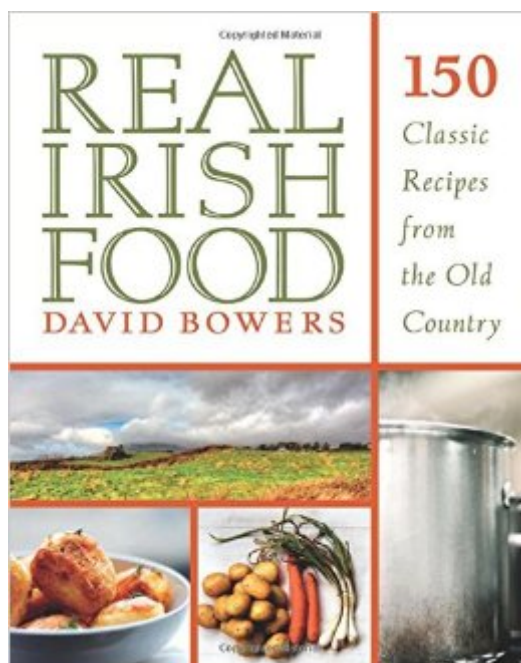


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Real Irish Food: 150 Classic Recipes From The Old Country



Synopsis

Real Irish Food is the first comprehensive cookbook to bring classic Irish dishes to America with an eye for American kitchens and cooks, and with tips and tricks to help reproduce Irish results with American ingredients. People in Ireland are sometimes mortified by what Americans think of as "Irish food." That's because the real thing is much subtler and more delicious than any platter of overcooked corned beef and mushy cabbage could ever be. Real Irish food is brown soda bread so moist it barely needs the yolk-yellow butter; fragrant apple tarts with tender, golden crusts; rich stews redolent of meaty gravy and sweet carrots; crisp-edged potato cakes flipped hot from a skillet directly onto the plate. Forget meatloaf or mac and cheese—this stuff is the original comfort food. Real Irish Food is the first comprehensive cookbook to bring classic Irish dishes to America with an eye for American kitchens and cooks, and with tips and tricks to help reproduce Irish results with American ingredients. Transform plain white fish by baking it with grated sharp cheese, mustard, and crumbs. Discover that celery takes on new life when sliced, simmered in chicken stock, and served in a lightly thickened sauce. Homemade Irish Sausages Potted Shrimp and Potted Salmon Finglas Irish Stew with Dumplings Whiskey Chicken and Roast Goose with Applesauce Boxty, Cally, Champ, and Colcannon Apple Snow, Almond Buns, and Summer Pudding Elderflower Lemonade, Black Velvet, and Ginger Beer Cherry Cake, Custard Tart, and Brandy Butter From hearty roasts to innovative vegetable dishes, from trays of fresh-baked scones to rich, eggy cakes, and from jams bursting with tart fruit to everything you can do with a potato, there's no food so warm and welcoming, so homey and family-oriented, so truly mouthwatering as real Irish food. 200 color photographs

Book Information

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Customer Reviews

I bought this book after reading carefully through other online reviews about this and other Irish cookbooks. I was sold on the fact that the author is Irish, that photos accompany the recipes, and that its recipes are decidedly authentic. If you're looking for authentic soda bread, colcannon, Guinness-based stews and desserts, and are a fan of casserole-like dishes or meals that come baked in pie crust, you'll enjoy this book. THE GOOD: I'm a pretty healthy eater, so it was fun to cook my way through recipes laden with butter, whole milk, and cream, and to justify the ten pounds I gained just while I was experimenting out of this cookbook. For many of the recipes, such as the buttermilk "rock cakes" (drop biscuits), stuffed porkchops, fish pie, and the leek and cheese pie, the tightened waistband is definitely worth the indulgence. I got a kick out of many of the anecdotal and historical notes that accompanied the recipes--such as memories of eating cauliflower cheese, his wife's misinterpretation of Irish coffee cake, and the historical value of oysters among the Irish poor. It's always fun to learn about the food you're eating. As others have stated, the pictures are phenomenal. Almost every single recipe has a photo that shows the final product, and there are several images of Irish landscapes and cityscapes that had me dreamily browsing expedia travel deals. I had a tough time finding a lot of the ingredients in this book for recipes that I wanted to make because I live in the rural Midwest. Things like lamb kidneys, pigs blood, and even simple Irish sausage or smoked whitefish are next-to impossible to find.

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